



OLA / RCLS COURSE OFFERING AHA Family & Friends CPR Course

Learn How To:

1. Communicate with an emergency dispatcher
2. Give one-rescuer CPR to an adult, child or infant
3. Recognize choking and choking victim

This class includes multiple learning activities, using DVD's, practice while watching Sessions, and skills practice sessions. This is a 2.5 hour non-certification course. A course competition certificate will be issued.

Presenter: Randi Colton, Certified American Heart Association Instructor
Though Valley Hospital in Paramus, NJ with 28 years of experience and
Over 10 years as an instructor.

Tuesday, May 15th, 9:30 - 12:00 at the Tuxedo Park Library
227 Route 17, Tuxedo Park, New York 10987

OR

Thursday, May 17th, 9:30 - 12:00 at RCLS
619 NY-17M, Middletown, New York 10940

COST:

No cost to OLA members.

The session will cost \$40. RCLS will cover half of the cost.

OLA will pay \$20 towards its members. NON-OLA
members be charged \$20. Fee is non-refundable,
checks are to be made to RCLS

Registration through RCLS calendar

This is a special client populations workshop.
Participants will receive 3 contract hours for attending.